

A meeting of Victoria County Municipal Council was held in Council Chambers at Baddeck on August 23, 2023, at 12:00pm with Warden Morrison in the Chair.

COUNCILLORS PRESENT

- District #1- Paul MacNeil
- District #2- Perla MacLeod
- District #3- Bruce Morrison, Warden
- District #4- Barbara Longva
- District #5- Fraser Patterson
- District #6 – Larry Dauphinee, Deputy Warden
- District #7- Jackie Organ
- District #8- Norman MacDonald

STAFF PRESENT

- Leanne MacEachen, CAO
- Steff MacLeod, Recorder
- Allan Bragg, Manager of Finance
- Dan Coffin, Tourism and Recreation Manager
- Jennifer Dagsvik, Communications and Marketing Coordinator

Warden Morrison welcomed everyone and acknowledged that this meeting is being held in Unama'ki, one of seven traditional districts of Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaw People.

CALL TO ORDER

Warden Morrison called the meeting to order and presented the agenda for approval.

On Motion of Councillor MacLeod seconded by Councillor MacNeil that the Agenda for August 23, 2023, be approved.

Motion Carried.

ALZHEIMER SOCIETY PRESENTATION – CATHERINE SHEPHERD

Ms. Shepherd went over a short PowerPoint presentation.



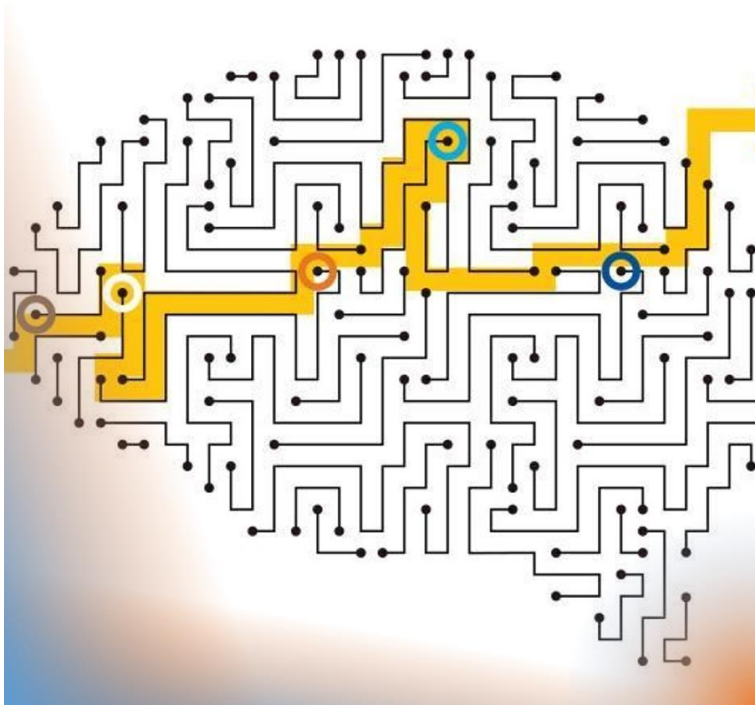
Life Course Approach + I.D.E.A.

We support our clients throughout all stages of the dementia journey.



We use the concept of "I.D.E.A." to foster belonging and to ensure our work is **Inclusive, Diverse, Equitable and Accessible**. We support ALL Nova Scotians on the dementia journey and are committed to creating barrier-free and inclusive environments.

<h2>HELP FOR TODAY</h2>	<h2>HOPE FOR TOMORROW</h2>
<p><i>First Link</i>[®] Programs:</p> <ul style="list-style-type: none"> • InfoLine • Family Caregiver Education Series • U-First! For Care Partners • Caregiver Support Groups • Connections Hub • Artful Afternoon • Coffee & Conversation • Shaping the Journey • <u>Healthcare referral</u> 	<p><i>Systems Support via Advocacy & Research:</i></p> <ul style="list-style-type: none"> • Healthcare Education & Advocacy: <ul style="list-style-type: none"> • U-First! For Healthcare • Annual Provincial Conference • Research Partnerships • Government Relations • Public Discourse: <ul style="list-style-type: none"> • Dementia Friendly Communities • Awareness campaigns/events • Education & Risk Reduction



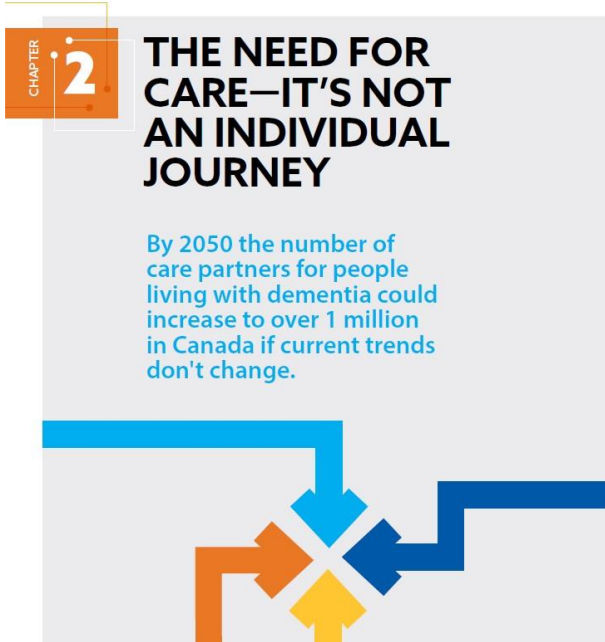
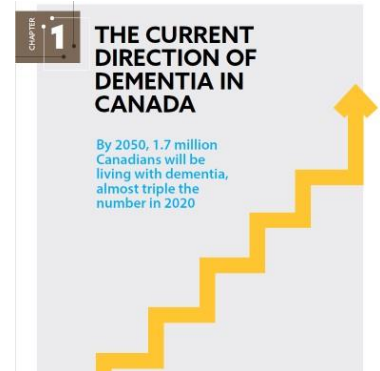
- **THE LANDMARK STUDY:**
 - **First new Canadian dementia data in 12 years**
 - **Authored by Alzheimer Society of Canada**
 - **3-series reports:**
 - **1) Projections**
 - (Available now)
 - **2) Demographics**
 - (ETA: 2024)
 - **3) Economic Implications**
 - (ETA: 2025)

High-level results for Canada & Nova Scotia

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NOVA SCOTIA



- **Nova Scotia:**
- **Dementia #:**
- 2020:
 - 15,324 individuals
 - 63.2% female
- 2050:
 - 28,646 individuals (+87%)
 - 66.2% female



Caregiver #s:

- 2020:
 - 8,991 caregivers
 - 4200 male, 4800 female
- 2050:
 - 16,792 caregivers
 - 8000 male, 8,800 female

Caregiver Hours:

- 2020:
 - 12.4M/ year
 - 238,000/ week
- 2050:
 - 23.5M/ year
 - 452,000/ week
 - 90% increase

**Dementia
Prevalence
and
Caregiving**

CANADA	2020	2050	+/-
<i>PLWD</i>	597,000	1,700,000	+125%
<i>CG</i>	350,000	1,000,000 +	+186%
<i>ANNUAL CG HOURS</i>	470M	1.4B	+198%
<i>FTE</i>	235,000	690,000	+195%
<i>UNPAID \$</i>	7.3B	21.5B	+195%
NOVA SCOTIA	2020	2050	+/-
<i>PLWD</i>	15,324	28,649	+87%
<i>CG</i>	8,991	16,792	+87%
<i>ANNUAL CG HOURS</i>	12.4M	23.5M	+90%
<i>FTE</i>	6,200	11,750	+90%
<i>UNPAID \$</i>	165.5M	313.7M	+90%

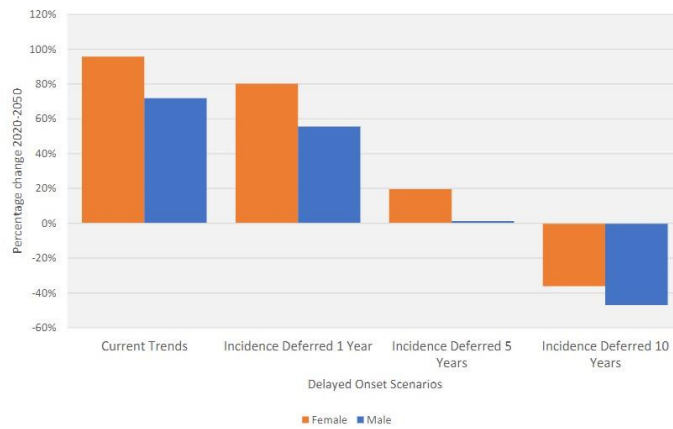
NOVA SCOTIA	CURRENT TREND	DELAY ONE YEAR LESS CASES	DELAY FIVE YEARS LESS CASES	DELAY 10 YEARS LESS CASES
<i>PWD</i>	15,324 87% INCREASE	-8,800 71% INCREASE	-40,600 13% INCREASE	-71,100 40% DECREASE

**Impact of Delayed
Onset in Nova
Scotia**

- Caregiver hours, FTE and financial value follow almost identical patterns

Narrative of Hope

Figure 3. Impact of delaying dementia onset on the projected number of people with dementia in Nova Scotia in 2050.



Société Alzheimer Society
NOVA SCOTIA

CHAPTER 3

THE POWER OF DEMENTIA RISK REDUCTION

If the onset of dementia could be delayed by 10 years, over 4 million new cases of dementia in Canada could be avoided by 2050.

MODIFIABLE RISK FACTORS THAT INCREASE THE OCCURRENCE OF DEMENTIA

40%

Eliminating these risk factors can reduce the prevalence of dementia by up to 40%

Current trends indicate
an **87% increase**
in Nova Scotia in the
next 30 years

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- A 1-year delay in the onset of dementia in individuals would prevent approximately **8,800 new cases** of dementia occurring by 2050 in Nova Scotia.
- A 10-year delay of onset for dementia would result in 2050 Nova Scotia dementia prevalence (8,320), being lower than the 2020 estimates, effectively **changing the trajectory of the curve**.
- If achieved from the start of this time frame (2020), this 10-year delay in onset would see Nova Scotia **avoid 71,127 cases** of dementia by 2050.

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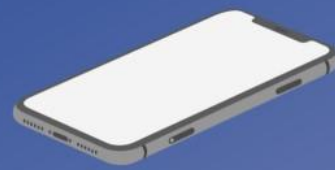
**DEMENTIA
FRIENDLY
COMMUNITIES**
NOVA SCOTIA

- **Dementia Friendly Communities support, respect and include people living with dementia and their partners in care in the places they live, work and play.**
- **It's a community that enables contribution, opportunity and choice.**
- **It's YOUR community!**

Questions about dementia?

We are here to help.

InfoLine 1-800-611-6345
alzheimer@asns.ca
www.alzheimer.ca/ns



Société Alzheimer Society
 NOVA SCOTIA

Société Alzheimer Society

What We Are Here to Do:



Change the Conversation About Dementia:

Improve public awareness about brain health, promote risk reduction, spark dynamic public discourse and reduce stigma by encouraging people to take concrete action to make their communities dementia friendly.



Enhance the Quality of Life of People Affected by Dementia

Nova Scotians can receive a timely diagnosis, culturally appropriate support and are connected to our First Services. Help those living with dementia, and their care partners have the skills and resources to live as well as possible at all stages of their journey.



Create Communities of Practice:

Foster a collaborative impact approach to educating staff and volunteers in healthcare settings, municipalities, businesses and public services so they have the skills to include and support all Nova Scotians living with dementia.



Influence Policy Related to Dementia:

Collaborative and supportive advocacy with healthcare, municipal and provincial partners, leveraging the voices of those with lived experience to ensure focus on solutions that matter most to them.



Shape the Future of People Affected by Dementia:

Support provincial and national research exploring causes, therapies and cures, and quality of life and care improvements. Promote knowledge translation and uptake of innovation in the community and healthcare.

QUESTIONS/COMMENTS

Council thanked Ms. Shepherd for her very informative presentation.

Councillor Patterson asked about genetic testing on dementia and Ms. Shepherd said 2-5% is genetic and it is more common in females but there are different studies being done to get a better understanding why that is.

Councillor MacNeil commented on risk factors associated with dementia and asked about home support for people living with dementia and Ms. Shepherd said there are many programs, supports and services available.

Councillor Organ asked why Nova Scotia numbers are so high and Ms. Shepherd said our ageing and smaller population has an impact on those numbers.

Councillor MacDonald asked about the day programs and getting those programs in more rural communities in our County and Ms. Shepherd said VON is a good avenue to go through. Even having someone come in to play music will be helpful as long as the space is accessible.

Deputy Warden Dauphinee commented on the younger ages being diagnosed and Ms. Shepherd said the fact we are talking about it more now and testing is done earlier and is more progressive.

Councillor MacLeod asked if the Society is having conversations with the provincial government in order for the government to provide more support, in particular, in long care term homes. Ms. Shepherd said yes, we are funded by the provincial government, so it allows us to more programs.

Cassandra Yonder, Senior Safety Officer for Victoria County thanked Ms. Shepherd for her time and commented on areas of her presentation.

Warden Morrison asked if there were many people from Victoria County accessing the Society's programming and services and Ms. Shepherd said she can't comment on the specific numbers but said her staff make about 20-30 outgoing phone calls a day to people living across the province.

RECESS

Warden Morrison called for a 15-minute recess at 12:46pm.

APPROVAL OF MINUTES

The Minutes of the August 1, 2023, meeting of Victoria County Municipal Council was presented for approval.

On Motion of Deputy Warden Dauphinee, seconded by Councillor MacDonald that the Victoria County Municipal Council Minutes of August 1, 2023, be approved.

Motion Carried.

CAO REPORT

- Land in New Haven purchased from the Province has been migrated- we can now start on the next phase of the Transfer Station.
- Municipal Boundary Review was approved as presented. New maps for District changes were approved, as well as the same number of Councillors - no change to number.
- Currently accepting treated wood from residents but not government entities.
- Extended Producer Responsibility (EPR) is official and expected to come into effect in 2-3 years. The impact on how we collect, and process is not known at this time. This will be further discussed at a Public Works meeting at the end of September.

Warden Morrison requested Department of Environment come to a Public Works meeting when it occurs to discuss the new regulations.

- New Horizons for Seniors Grants: Very easy to apply for, encouraging Council to share with any groups that might be interested.
- Washroom Expression of Interest (EOI) is going out again, Victoria County wide.
- Surplus Property along the Baddeck waterfront - we were the only interested applicant. Setting up a call to take next steps.

Councillor MacLeod asked about the Victoria County Transit tenders and the tender has been awarded for the 2 hybrid vehicles but there is a bit of a lag so they should arrive in 2-5 months.

Councillor MacNeil asked about the water meter data entry and CAO acknowledged the difficulties with the software piece and said the next bill should go out on time, we are aware that residents are going to get two bills in a short amount of time, and we are looking at some communication around that for residents.

Deputy Warden Dauphinee commented on the Ingonish Wilderness area and Dan Coffin, Tourism and Recreation Manager said there are actually 4 areas in Ingonish and CAO

reached out to some contacts within the Department of Natural Resources and Renewables to express our disagreement and concerns with this, as Victoria County has enough protected areas.

Warden Morrison commented on the Clean Foundation presentation and requested the EDO to come to council as he will be working with Clean Foundation and Council would like to know what his involvement will be with this organization, and anything else he is working on.

DISTRICT CONCERNS

DISTRICT 1

- The condition of the road from Little Narrows Ferry to MacKay's Point in Lower Washabuck
 - Was told that patching would be done this summer. Only a small section in front of Gypsum plant was completed.
- Approaches to most bridges in the area and hole on both Barra Glen and Gillis Point bridges
- Shoulder subsiding and pavement drop in Ottawa Brook
- Shoulders throughout the district especially in front of 4349 Highway 223 Iona.
 - Shoulder just at entrance to Peter MacLean Road - Ottawa Brook
 - Shoulder at bottom of graveyard hill in Iona - St. Columba Road
- Major area of concern at Gypsum outcrop in Jamesville Road undermined
- Major area road drop before you get to South Cove Bridge.
- Holes near intersection at Barra Glen Road filled with pylons.
- Continuing issue of flooding at entrance of Red Point Road every rainstorm.
- Gravel on Peter MacLean Road
- Road washout St Columba Road (bottom of Nash's Hill)
- Mowing was done but can't tell it was completed. 2 years in a row

On Motion of Councillor MacNeil seconded by Councillor MacLeod to write a letter to John Majchrowicz, the Public Works Ferry Manager requesting upgrades to the ferry operating signs and the issue of out of service restroom facilities for the Little Narrows Ferry.

Motion Carried.

On Motion of Councillor MacNeil seconded by Deputy Warden Dauphinee to write a letter of congratulations to Vince MacLean on the successful release of his second book; "These were My People – Washabuck:1817-2017."

Motion Carried.

On Motion of Councillor MacNeil seconded by Councillor Longva to write a letter of congratulations to the Washabuck Community Centre on the success of their "Along the Shores of Washabuck Summer Festival." It was the 15th year for this event.

Motion Carried.

DISTRICT 2

Councillor MacLeod mentioned she held her office hours for August and had one resident, she encouraged residents to come see her during office hours to discuss any concerns they might have.

On Motion of Councillor MacLeod seconded by Deputy Warden Dauphinee to send a letter of congratulations to congratulate Emmet Buchanan for his personal best 40.40 to place 23rd overall at National Track and Field, we were well represented at the national level.

And

A letter of congratulations to Fraser MacLeod for being appointed coach for the NS team, track and field, wishing him a good year back to university, and thank you for all the coaching he did this past school year.

Motion Carried.

Councillor MacLeod sent all public works concerns to Steve MacDonald.

DISTRICT 3

On Motion of Warden Morrison seconded by Councillor MacLeod to write a letter of congratulations to the newly elected Village Commissioners, Jennifer MacDonald, Laura Flaherty and Daniel MacNeil

Motion Carried.

- Overnight camping has been a major issue this year, requested the CAO to look into who the best person/department is to address this issue.
- Office Hours will be on September 13th.
- There has been a manhole that has been uncovered for 3 weeks now on Water Street, huge traffic hazard, sent this concern to Mr. MacDonald.

DISTRICT 4

- Office Hours are September 6th, 2023 at 6:00pm at Indian Brook Fire Hall.
- Request for a streetlight removal.
- Had a complaint about the Big Harbour Road, complaint has been in since 2019.
- Thank Steve MacDonald and MLA Bain for meeting me in Tarbotvale to discuss the bridge that was destroyed during Hurricane Fiona.
- Requested a “no exit” sign at Kelly’s Lane with Mr. MacDonald.

DISTRICT 5

- Had a call from a resident concerning green bins, can this be put on the agenda for the upcoming Public Works meeting.

On Motion of Councillor Patterson seconded by Councillor MacNeil to take \$1000.00 from District 5 Budget to Black Rock Cemetery to help with repairs to the road.

Motion Carried.

- First Board meeting of FCM will be in Yellowknife in September, hoping to attend.
- FCM electing Rural Forums positions and I may put my name forward for nomination.

DISTRICT 6

- Thanked Steve MacDonald and his department for the road work that has been done and will be done in District 6.
- Still meeting on the ambulances issues and hopefully we will have some success. Warden Morrison mentioned the Premiers visit to the southern end of the County and Warden Morrison brought up the ambulance service concerns North of Smokey.

DISTRICT 7

- Complaints about Mary Ann Falls being closed.
- Complaints about overnight camping and DNR said anyone can camp on Crown Land.

- Will be contacting Mr. MacDonald about road concerns and requested the “no parking” sign again on White Point Road.
- Ambulance issues.

DISTRICT 8

- There has been some shoulder work taken place in District 8.
- Residents on Courtney Road wrote letters to MLA Bain and Mr. MacDonald for repairs and patching to the road and Mr. MacDonald responded and said the road needs extensive work and will be looked at over the next couple of years.

COUNCIL TRAVEL POLICY DISCUSSION

- Warden Morrison requested a few clarifications and changes to the policy. Warden requested Council to submit their expenses on a monthly basis. Council agreed to do this.
- Requested Council to check with their Boards and/or Committees to see if they have a travel claim policy, if they do not cover travel expenses, then the County will cover those travel costs and CAO asked Council to please send those policies to her once they are received.
- CAO said the mileage rate on the policy will be changed as well, Council voted in the past to use the Provincial mileage rates.

PROVINCIAL SERVICE EXCHANGE RENEGOTIATION REVIEW DISCUSSION

Councillor MacNeil commented on the road section of the new proposed changes to the Service Exchange Act and said there hasn't been a lot of maintenance work over the last number of years and I am nervous that they are not doing this work as they know they won't be responsible for the roads any longer.

Councillor Patterson also added that more communication is needed with the Service Exchange Review and give the municipalities more indications of what municipalities will be responsible for.

Warden Morrison sat on the Service Exchange committee and at the end of the day, the province can enforce whatever they want but I agree with Council and if there are concerns with aspects of the changes to the Service Exchange Agreement then we need to let the province know what those concerns are but he noted that most of these concerns were brought forward by the committee to the province.

On Motion of Councillor MacNeil seconded by Councillor Longva to write a letter to the Province outlining Council concerns regarding changes to the Service Exchange Renegotiation review.

Motion Carried.

MOTIONS/PROCLAMATIONS

None at this time.

CORRESPONDENCE

All forwarded.

Councillor Longva noted that Nova Scotia Power is coming to the North Shore for a town hall meeting as requested. Councillor Longva thinks the meeting will September 19, 2023, at 7pm at the Indian Brook Fire Hall. Councillor Longva was going to request MLA Bain and EMO Lyle Donovan to attend.

COMMITTEE REPORTS

Councillor MacLeod requested a VCT meeting prior to next Council.

QUESTIONS FROM THE PUBLIC

No questions from the Public.

NEXT MEETINGS

Council Meeting: September 12, 2023, tentatively at 5pm.

Victoria County Transit meeting: September 12, 2023, at 4pm.

Warden Morrison mentioned that Steff has reached out to EHS for a meeting and has not heard back from them and requested a letter be sent to the president of EHS to request a meeting.

On Motion of Deputy Warden Dauphinee seconded by Councillor Organ to write a letter to the president of EHS requesting a meeting immediately.

Motion Carried.

On Motion of Councillor MacNeil seconded by Councillor Organ to go In-Camera.

Motion Carried.

On Motion of Councillor MacLeod seconded by Councillor Longva to come out of In-Camera.

Motion Carried.

On Motion of Deputy Warden Dauphinee seconded by Councillor MacLeod to accept the recommendations that were made In-Camera.

Motion Carried.

ADJOURN

Councillor MacNeil made a motion to adjourn at 2:18pm.